

Sample Article from Dr. Kim

When You Know That You Are Special But Your Life Is Ordinary

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Think about this, we have all been guilty of living from moment by moment not truly conscious of what we are doing and what is actually happening around us. It is scary how fast time passes and how many of us do not have a clear understanding of how our time zone can either work for us or against us. This lack of knowledge begins robbing us from our early childhood years, when our creative mode is established, until our elderly years when we are ready to reminisce on our past and bask in our experiences.

We expect to miraculously one day become this person we dream of, but for the majority of us it never happens. By the time we reach our forties, we begin asking the profound questions, “What am I doing?” and “Who am I anyway?”

Although this question is one of the most important questions one could ask, it is seldom answered; and therefore, our purpose for living is rarely fulfilled. Unfortunately for many of us, our parents have been victims of the same haunting question and have never learned that life is more than just eating, sleeping, and going to work.

So when it was time for them to inspire their children with the words, “you can be anything you want to be,” they thought that they had said and done enough: not knowing that these words without a commitment, persistence and faith would simply result in failure. Due to a lack of knowledge from a lack of experience it is rarely explained that a life that answers the questions, “What am I doing?” and “Who am I anyway?” is fulfilled by one that has gone through a process of pruning, suffering and societal stripping.

Most of us know that we have obvious gifts which compliment our unique and rare characters. As hard as we try, we can't find anyone who is quite like us. Unfortunately, the majority of us live as the average individual by just trying to keep our heads above water, just to maintain a healthy mind and hold it all together. Our unique characters become washed and watered down with the stress, competition and the responsibility of daily life.

Due to the fact that it is socially correct to blame the feelings of low self-fulfillment and uncertainty on an increase in age, the cause of these feelings are often said to be prerequisites for mid-life crisis. In this deceiving society in which we live, we only dare attempt to ask and answer this profound question. On the other hand, the beautiful aspect about life is that we have a choice and that the consequences of our future will bend and adjust according to the direction of our actions.

Do not be caught as one who merely looks like they know they are doing and acts like they have an understanding of their destiny. Bend your future by praying and asking for clear direction so you won't be like the majority who are presently unfulfilled and dies without knowing their purpose.